



## VOLUNTEER OPPORTUNITIES APRIL to JUNE 2017

Below is a list of volunteer opportunities across our projects, and within Rays of Hope (RoH) itself. For further information, or to fill in a volunteer form, please contact our office on 0861 000 000 or e-mail Lindi on [lindi@raysofhope.co.za](mailto:lindi@raysofhope.co.za).

For initiatives such as Mandela Day, please e-mail us and we can assist you with a tailor-made initiative. Please note that we take your safety seriously and will, wherever possible, provide someone to accompany you in to Alexandra if you are uncomfortable travelling into the township by yourself.

### Rose-Act

*Rose-Act is based at the Central Johannesburg College (CJC), Alexandra Campus, where more than 300 students each year from Grades 4 – 9 are tutored in Maths and English. The Saturday School encourages the growth of students' self-belief and nurtures hope for a meaningful future.*

Opportunity	Where	When	Time/Duration
Be a class tutor in English	CJC	Every Sat a.m. in Government school terms.	English 8h30 – 10h30 Maths 11h15 – 13h15
Be a tutor assistant in Maths or English	CJC	As many Sat a.m. as possible in Government school terms.	2 hours for Maths or English
Rose-Act needs 34 loaves of sandwiches every week for student lunch. 6/5 Egg Mayo, 13/5 Chicken Mayo, 27/5 Egg Mayo, 3/6 Chicken Mayo, 24/6 Egg Mayo. Let us know by Thursday if you intend to make and deliver to RoH on Friday morning.	From home	Weekdays	Select own quantity
Organise a fun day for the top performers (approx 15 students), eg Zoo, 10 Pin Bowling.	Outing	Any Saturday afternoon	Preparation plus 4 hours

### Early Childhood Development

*The Early Childhood Development (ECD) project aims to equip caregivers in crèches with the skills and knowledge to nurture 0 – 6 year olds to develop and thrive. The focus is on health and the early educational needs of the children.*

Opportunity	Where	Time	Duration
Assist at a day-care. Read books to children, play and sing with them.	Alexandra		2 - 3 hours in the a.m.
Adopt a crèche and assist with repairs and maintenance.	Alexandra		2 – 3 hours in the a.m.
Collect resources – paper, crayons, etc.	RoH	Anytime	
Join the team of volunteers and provide input at the quarterly caregiver workshops.	Alexandra	09:00 – 12:30	One Saturday in February

## Ithemba Labantwana

*This programme focuses on orphaned and vulnerable children living in Alex. Through demonstrating love, practical care and comprehensive programming, it is hoped that each child will be able to break the cycle of victimisation, and have a solid foundation on which to build a healthy and fulfilled life. Itthemba Labantwana also includes a foster home model that strives to provide excellent holistic care to children who cannot be placed with a relative.*

Opportunity	Where	Time	Duration
Assist with Homework Club <ul style="list-style-type: none"> <li>Attend homework club once a week and provide one-one-one support, listening to children read, playing games, helping with homework</li> <li>Do appropriate exercises and sports with the children</li> <li>Prepare monthly birthday cakes for the CHH children</li> <li>Prepare a lunch snack or soup for the 50 children</li> </ul>	Marlboro Gardens  Marlboro Gardens Drop off at RoH Home drop at RoH	Mon – Thurs  Mon – Thurs  Depends on birthdays Mon – Thurs	14:30 – 16:30    14:30 – 16:30  Before 14:30
Teaching computer skills or creative activities such as drumming or art.	Marlboro	Weekend afternoon(s)	2 hours
Fix up the children's outdoor play area.	Marlboro	Anytime	Anytime
Provide handyman assistance (putting whiteboards on the walls etc.)	Marlboro	Anytime	Anytime
Commit to cooking a meal once a month for a foster family (10 people)	Home/drop off RoH	On a rota basis.	
Organise an outing for the family e.g. picnic in the park, cinema trip.		Saturday or Sunday afternoons	Preparation plus outing
Handyman work.	Marlboro	Ad hoc	

## Home-Based Care

*The Home-Based Care team visits the sick and dying in their homes in Alexandra on a weekly basis, particularly HIV/AIDS patients. They provide advice, comfort, spiritual support, food, clothing, bed linen and household equipment. They also repair and clean the shacks that the patients live in. The team continues to visit patients until they are stable.*

Opportunity	Where	Time	Duration
Provide (small) warm clothing.	RoH	Anytime	

## Ignition

*Ignition aims to light the future dreams of township matriculants by equipping them for meaningful employment through education and mentoring. The programme fills the gap for students who do not qualify for scholarships or bursaries and have no access to student loans.*

Opportunity	Where	Time	Duration
Mentor a student.		Once a month	1 year commitment

## Knox

*Knox constitutes a small group of adults who live in Alex and meet together on a Saturday to receive life coaching. Knox, 'the school of hard knocks', is aimed at men who, by way of their circumstances, are without formal employment and little opportunity to get work and provide for their families.*

Opportunity	Where	Time	Duration
Provide job opportunities / job shadowing for the men.	Place of work		
Organise an outing to a place of interest		Saturday	

## Gogos of Hope

*Grandmother-headed households remain the norm in Alexandria, where grandmothers have lost or buried their children and become parents once again. The vision for the Gogos of Hope support group is to provide a place where grannies in Alexandria can be cared for, encouraged and supported, so that they can carry their unexpected and untimely burden effectively.*

Opportunity	Where	Time	Duration
Visit one of the four Gogo Groups once a week (minimum of once a month.)	Alexandria	Tue, Wed or Thu	10:00 – 12:00
Teach crafts to a Gogo Group. Limited materials are available.	Alexandria	Tue, Wed or Thu	10:00 – 12:00
Teach the Gogos how to use their sewing machines and / or how to maintain the machine.	Alexandria	Tue, Wed or Thu	10:00 – 12:00
Provide sandwiches / baking for one of the Groups – sufficient for 10 grannies. Contact RoH the week before if you intend to make.	From home	Mon, Tue or Wed	

## Additional Volunteering Opportunities

### Administrational Support

*General office-related activities performed at the Rays of Hope office.*

Opportunity	Where	Time	Duration
Assist with photocopying and filing	Rays of Hope	Mon – Fri	2 – 3 hours

### Marketing & Fundraising

*This function is the way in which Rays of Hope generates the monies required to operate the projects and help the individuals, families, and communities of Alexandria.*

Opportunity	Where	Time	Duration
Assist with fundraising at the project level: writing proposals and distributing these to corporates.	From home		Part-time
Assist with graphic design.	From home	Ad hoc	
Assist with getting sponsorship for the Family Fun Run and the Golf Day. Sponsorship may be in the form of financial donations, prizes or auction items.	From home		Part-time
Professional photographer required to take photos at major events and of our projects.	At events and projects	Ad hoc	
Sporting individuals to register their events with Given Gain ( <a href="http://www.givengain.com">www.givengain.com</a> ) and raise money.	From home		Part-time

Professional PR Agency or individual to assist marketing team with fundraising event specific & ROH general media relations	Place of Work	Ad hoc	Part-time
Looking for someone with creative flair and a passion for writing to attend events and produce stories for blogs, traditional and social media.	At events and projects	Ad hoc	Part-time